

# movement prayer

# Prayer Cards

## Overview

**Prayer Cards help to organize your prayers for people and to maintain those prayers over a long period of time.** Unlike a prayer list that tends to become mechanical or a scattered hit-and-miss process, Prayer Cards remind you to consistently pray from multiple perspectives. Over time you will see patterns develop as the topics on your Prayer Card begin to be answered.

## Getting Started

1. Begin by organizing the different people and places that you want to begin praying for into categories.  
The people could be family, friends, missionaries, your Discovery Bible Study group, your ministry team or network, non-Christians, and co-workers. The places are target areas for ministry that could include your neighborhood and place of work or could be as far-reaching as foreign countries.
2. Write the name of the person, location, or issue you want to pray for at the top left of an index card and the category it fits in on the top right. (See the example card.) You could also utilize an app instead of a hard copy. (See Variations.)
3. Next, write a Scripture verse that can guide your prayers and be used in praying for the person(s) or location on the card. For example, you could write down Matthew 6:33 for individuals who are not putting God first in their lives.
4. Write down “big” prayers that have eternal impact. If your neighborhood is one of the areas on your list, you might ask God to open the door for more spiritual conversations and reveal persons of peace who would form Discovery Groups in your neighborhood.
5. At the bottom of the card include the “simple” prayers, the nitty-gritty, daily life prayers.

6. Decide on the frequency and particular days of a week you will be praying for each category. You can take these cards with you and pray throughout the day.
7. Typically, you will spend only 20-30 seconds praying for each card. This time can increase when you feel like more is needed for a particular person, topic, or place.
8. As prayers are answered, you will see a story develop with each card. Usually, each card can be used for a year before you will need to update it.

## *Gabe Roberts*

Category: *Not Following Christ*

*John 6:44 - "No one can come to Me unless the Father who sent Me draws them, and I will raise them up at the last day."*

### ***Big Prayers***

- 1. Gabe and his whole family will become disciples who make disciples.*
- 2. Our friendship would grow, and we'd have many opportunities for spiritual conversations.*
- 3. His business would continue to be successful, and he would realize that You are blessing him.*

### ***Simple Prayers***

- 4. Son (Jordan) is having difficulty finding good friends.*
- 5. Daughter (Morgan) is moving out of their house to live with her boyfriend.*

## Variations

You can easily use Prayer Cards when you pray with a group. Simply develop them together or assign different people to develop cards for pre-determined individuals, topics, or areas.

Instead of using index cards, you may want to create electronic versions of your cards in Evernote. There is also a great app available by SeeJesus:



<https://apps.apple.com/us/app/a-praying-life-prayer-cards/id1325799489>

## Going Deeper

*A Praying Life* by Paul E. Miller. In this book, Paul provides a full chapter on how to develop and utilize Prayer Cards. You can also find additional information at [SeeJesus.net/prayercards](http://SeeJesus.net/prayercards).